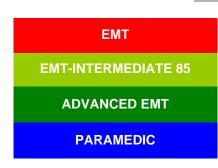




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3H – WAVEFORM CAPNOGRAPHY ADULT & PEDIATRIC



Indications:

- 1. Medical General Assessment/General Supportive Care.
- 2. Trauma General Assessment/Trauma & Hypovolemic Shock Supportive Care.
- 3. Acute Dyspnea (Uncertain Etiology, Asthma, COPD, CHF, BRUE).
- 4. Confirmation of Endotracheal Airway Placement EARLY USE INDICATED; SEE PROTOCOL 2J.
- 5. Mechanical Ventilation
- 6. Termination of Resuscitation; SEE PROTOCOL 4K
- 7. Neurologic Disorders/Altered Mental Status (Stroke, Seizure, Syncope).
- 8. Toxicologic/Poisonings (Altered Mental Status, Dyspnea).
- 9. Trauma (Head, Face, Neck, Chest Injuries).

Contraindications: None

<u>Technique</u>: (Physio-Control LifePak[®] 12/15):

1. Connect the CO₂ FilterLine[®] tubing by turning clockwise until securely fitted, evidenced by the wings in a horizontal position and the message "CO2 Initializing" appearing.



Critical Comment:

When CO_2 is **<u>NOT</u>** detected, three factors must be quickly assessed:

- 1. Loss of airway apnea? esophageal endotracheal tube placement/migration? obstruction?
- 2. Circulatory collapse cardiac arrest? massive pulmonary embolism? exsanguination?
- 3. Equipment failure disconnected or malfunctioning bag-valve or ventilator?



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PROTOCOL 3H: Waveform capnography – Adult & Pediatric, cont.

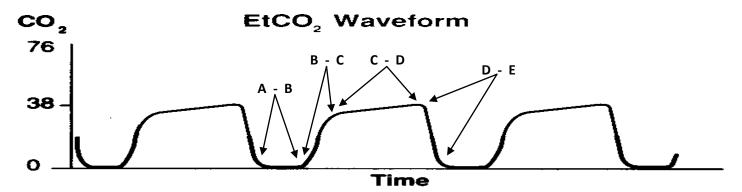
Interpreting Capnography:

The figure below shows a normal capnography waveform display. There are 4 phases of the waveform that require analysis. The flat $\mathbf{A} - \mathbf{B}$ baseline segment (Respiratory Baseline) represents the beginning of exhalation of CO_2 – free gas that is contained in dead space from the conduction airways (trachea, bronchi). This value normally is zero. The $\mathbf{B} - \mathbf{C}$ segment (Expiratory Upstroke), a sharp rise, represents exhalation of a mixture of dead space gases and alveolar gases. The $\mathbf{C} - \mathbf{D}$ segment represents the alveolar plateau, characterized by exhalation of mostly alveolar gas. Point \mathbf{D} is the end-tidal (EtCO₂) value that is recorded and displayed by the monitor, (peak concentration of CO_2 occurring at the end of expiration). The $\mathbf{D} - \mathbf{E}$ segment (Inspiratory Downstroke), a sharp fall, reflects the inhalation of gases that are CO_2 – free (room air or supplemental oxygen). Alterations of the normal capnograph or EtCO₂ values are the result of changes in metabolism, circulation, ventilation, or equipment function.

A normal range for $EtCO_2$ is **35 – 45 mmHg**, similar to the range of CO_2 in arterial blood.

Normal Waveform:

Normal Capnography Waveform



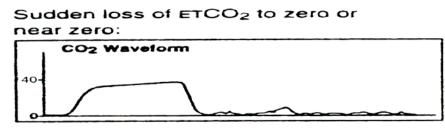


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PROTOCOL 3H: Waveform capnography – Adult & Pediatric, cont.

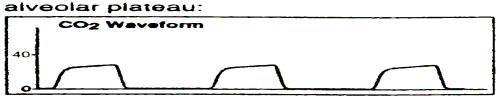
Abnormal Waveforms:



Possible Causes:

- 1. Endotracheal tube in esophagus.
- 2. Incorrect Combitube[®] tube being utilized for assisted ventilations.
- 3. Apnea.
- 4. Endotracheal tube or Combitube[®] not connected to capnography detector.
- 5. Total obstruction/mucus plugging.
- 6. Capnography malfunction if abnormal waveform persists with change in capnography adaptor, the endotracheal tube or Combitube MUST be withdrawn and intubation or Combitube placement reattempted.

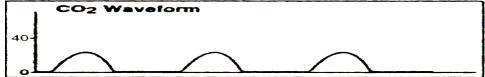
Sustained low ETCO₂ with good



Possible Causes:

- 1. Hyperventilation (due to underlying illness/injury or excessive assisted ventilations).
- 2. Hypothermia (Decrease in Metabolism).

Sustained low ETCO₂ without alveolar plateau:



Possible causes:

- 1. Bronchospasm of asthma or COPD exacerbation.
- 2. Incomplete obstruction/mucus plugging.

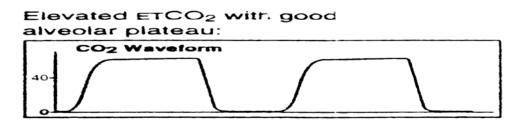




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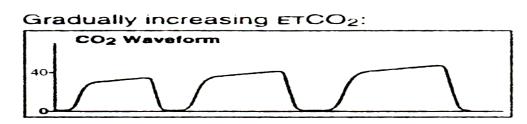
PROTOCOL 3H: Waveform capnography – Adult & Pediatric, cont.

Abnormal Waveforms:



Possible causes:

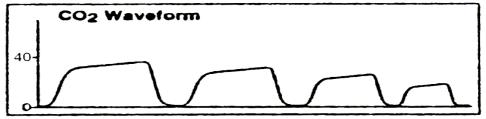
- 1. Hypoventilation (due to underlying illness/injury or inadequate assisted ventilations).
- 2. Hyperthermia, pain, shivering (Increase in Metabolism).



Possible causes:

- 1. Hypoventilation (due to underlying illness/injury or inadequate assisted ventilations).
- 2. Rising body temperature, increasing pain (Increasing Metabolism).

Exponential decrease in ETCO₂:



Possible causes:

- 1. Cardiopulmonary arrest.
- 2. Pulmonary embolism.
- 3. Sudden hypotension, massive blood loss, cardiopulmonary bypass.

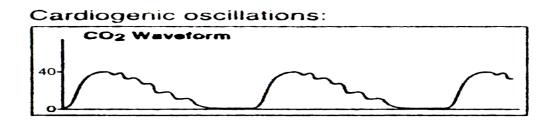


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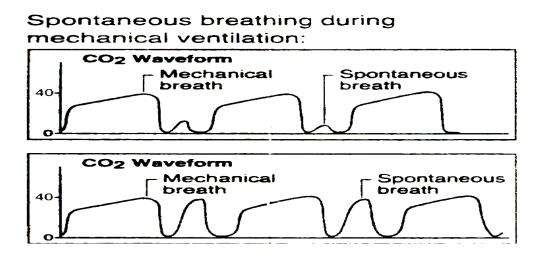


PROTOCOL 3H: Waveform capnography – Adult & Pediatric, cont.

Abnormal Waveforms:



Cardiogenic oscillations are caused by changes in thoracic volume secondary to expansion and contraction of the myocardium with each heartbeat. They are usually seen in patients with small tidal volumes and slow respiratory rates, and are of little physiologic consequence.



Spontaneous breathing efforts may be evident on the CO2 waveform display. The patient on the top demonstrates poorer quality spontaneous breathing effort than the patient on the bottom.



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PROTOCOL 3H: Waveform capnography – Adult & Pediatric, cont.

Troubleshooting Tips for EtCO2 monitoring:

Observation/Message	Possible Cause	Corrective Action
ALARM APNEA	No breath has been detected for 30 seconds since last valid breath	Check the patient, then ventilation equipment for leaks/disconnected tubing
CO2 FILTERLINE OFF	FilterLine [®] , or any other CO2 accessories disconnected or not securely connected to the LifePak [®] EtCO2 connector	Connect FilterLine [®] , or any other CO2 accessories, to input connector or tighten connection
CO2 FILTERLINE BLOCKAGE	FilterLine [®] is twisted or clogged. The message appears after 30 seconds of unsuccessful purging	Check the FilterLine [®] and if necessary replace it
	Airway Adapter clogged	Check the Airway Adapter and necessary, replace it
CO2 FILTERLINE PURGING	FilterLine [®] tube twisted or clogged with water	Check the FilterLine [®] and if necessary, untwist or reconnect it
EtCO2 values erratic	A leak in the tubing Assisted ventilated patient breaths spontaneously	Check for connection leaks and line leaks to patient and correct if necessary
EtCO2 values are consistently higher or lower than expected	Physiological cause Ventilator/Assisted ventilation error	Check patient Check ventilator &/or assisted ventilation rate
XXX appears in place of EtCO2 value	CO2 module not calibrated successfully CO2 module failed	Notify appropriate supervisor/materials agent of critical equipment failure